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*FREEZIN FOR A REASON!*

*RICAN 2025 POLAR PLUNGE PLEDGE FORM*

Name

We can take donations in a variety of ways: If donating by check please make check payable to RICAN or visit <https://rhodeislandcan.org/> to donate on line- **Please pick the Polar Plunge event for your donation.**

#

#  Bring your pledge form, waiver (if plunging), and any cash donations with you the day of the Plunge

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| --- | --- | --- | --- | --- |
| **Name** | **Address/City/State** | **Email** | **Amt** | **Cash/Check** |
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| **TOTAL** |  |   |   |   |

# THE GOAL: $60,000



**The goal is for each polar bear to raise**

**$200.00 to assist those in need**. That’s only 10 $20 sponsors per person!

**A free Polar Plunge long sleeve hooded T-Shirt to anyone that raises over $200.00 in donations**

**See you at noon on January 1, 2025 @ Charlestown Beach**